Technology
Arts Sciences
TH Köln

Course
SMM - Self-management in studies

Version: 1 | Last Change: 04.09.2019 10:15 | Draft: 0 | Status: vom verantwortlichen Dozent freigegeben

⌃ General information

Long name	Self-management in studies
Approving CModule	SMM_BaMT
Responsible	Prof. Dr. Stefan Grünvogel Professor Fakultät IME
Level	Bachelor
Semester in the year	winter semester
Duration	Semester
Hours in self-study	21
ECTS	1
Professors	Prof. Dr. Stefan Grünvogel Professor Fakultät IME
Requirements	none
Language	German, English if necessary
Separate final exam	Yes

Final exam

Details

Written elaboration in the form of a portfolio

Minimum standard

A concrete plan for 2 courses will be submitted, which will be taken in the next semester.

- based on learning experiences with 2 elements from the learning coachings (time management, learning strategies, feedback),

- correctly arranged correctly in two levels of the KomM pyramid.

Exam Type

Written elaboration in the form of a portfolio

^ <u>Lecture</u>

Learning goals

Knowledge

Describing learning strategies

Actively acquire knowledge / skills

Support learning processes

Coping with study situations

Describing a learning task

Present learning condition

Explain learning strategy protocol

Skills

Assessing learning behaviour yourself

Determine your own learning behaviour with questionnaires or electronic applications

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Organise learning

Preparing

Participate

reworking

Repeat

practice

Prepare exam

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determine own competences

assess skills

prioritise

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reflect on your own development

Reflected learning

Update Portfolio

Using the learning diary

Use feedback

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organize your own time

Divide time correctly and use it regularly

gain time

allow sufficient time

Using idle times

prioritise

Working with schedules

long-term, short-term, medium-term planning

Time budget and schedule

Perform time analyses

with the help of time recordings

Plan and prepare tasks independently

set goals

Create Schedule

Manage resources

Expenditure classroom teaching

Type	Attendance (h/Wk.)
Lecture	0.5
Tutorial (voluntary)	0.5

Separate exam

Exam Type

undefined

Details

Learning coaches introduce the students in small groups to learning strategies, methods of time management, feedback of their learning behaviour and the competence model and support them in creating their learning portfolio. This is built up successively over the semester, whereby several intermediate results with partial results must be submitted bindingly. The final delivery of the learning portfolio takes place at the end of the semester and is checked according to the levels presented.

Minimum standard

Students formulate concrete plans for 2 subjects, which they will take in the next semester. They justify them with learning experiences on 2 elements of learning coaching (time management, learning strategies, feedback) and place them correctly in two levels of the KomM pyramid.